

**26<sup>th</sup> SINGAPORE HOSPICE COUNCIL  
POSTGRADUATE COURSE IN PALLIATIVE MEDICINE  
17 – 19 August 2011**

Organised  
on behalf of

**SINGAPORE  
HOSPICE  
COUNCIL**

by



**DUKE NUS**  
GRADUATE MEDICAL SCHOOL SINGAPORE

Supported  
by



and



Chapter of Palliative Medicine  
College of Physicians, Singapore

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### What can course participants expect?

This is a foundation course in the principles and practice of palliative medicine applicable to all fields of medicine. The objective is to increase professional confidence and competence in the management of patients with terminal illness. Teaching will be in the form of lectures, tutorials, workshops and case discussions, covering topics such as pain and symptom control, communication with patients and families, ethical issues, dealing with psychological problems and use of hospice services in Singapore. Course participants will also have unique opportunities to personally assess patients and to discuss the most appropriate management strategies with palliative care physicians and other specialists in the field.

### Who should attend?

Any doctor (medical officer, specialist or family physician) who is interested to learn about Palliative Care. Palliative Care is defined by World Health Organization in 2002 as “an approach which improves quality of life of patients and their families facing life-threatening illness, through the prevention and relief of suffering by means of early detection and impeccable assessment and treatment of pain and other problems, physical, psychological and spiritual.”

### Venue, Facilities and Fee

Auditorium, Level 3, HCA Hospice Care, 12 Jalan Tan Tock Seng (308437). Lunch, morning and afternoon tea (halal) will be provided. **Fee: S\$500.00** (inclusive of some course notes and meals)

### Enquiries

Jacqueline Ngan **DID:** 6436-8142 **Fax:** 6220-7490 **Email:** [jacqueline.ngan@duke-nus.edu.sg](mailto:jacqueline.ngan@duke-nus.edu.sg)

**\*SMA Members & Early Bird Registration : \$400 (before 20 July 2011)**

**SMA Member** (Please tick)

### Registration Form

**Closing Date: 31 July 2011**

**Name:** \_\_\_\_\_ **M/F:** \_\_\_\_\_ **MCR No:** \_\_\_\_\_  
**Clinic/Hospital:** \_\_\_\_\_ **Department:** \_\_\_\_\_  
**Current Appointment:** \_\_\_\_\_ **Email Address:** \_\_\_\_\_  
**Mailing Address:** \_\_\_\_\_  
**Contact Number:** \_\_\_\_\_ (Office) \_\_\_\_\_ (Home) \_\_\_\_\_ (Mobile)

**Cheque or Bank draft payable to “NUS (GMS)”.**

**Cheque/Bank draft no :** \_\_\_\_\_

Please mail completed form with payment to:

Jacqueline Ngan, Lien Centre for Palliative Care, Duke-NUS Graduate Medical School Singapore,  
11 Hospital Drive, Singapore 169610

**NOTE:** Registration is confirmed only upon receipt of payment. An official receipt will be issued. No refund for cancellations.

*\*Discount for SMA members is limited to only FIRST 10 registrants.*

**The course is accredited with 12 CME points**

## **COURSE PROGRAMME** *(subject to change)*

### **Wednesday 17 August 2011**

0800 -- 0825	Registration
0825 -- 0900	Welcome Address & Introduction
0900 -- 0945	Principles of Palliative Care
0945 -- 1015	<i>Tea Break</i>
1015 -- 1115	Ethical Issues at the End of Life
1115 -- 1215	Communicating with Patients and Family
1215 -- 1315	<i>Lunch</i>
1315 -- 1515	<b><u>Workshop I: Pain Management</u></b>
1515 -- 1535	<i>Tea Break</i>
1535 -- 1630	Patients Suffering from Delirium, Anxiety, Depression
1630 -- 1700	AIC – Referral System

### **Thursday 18 August 2011**

0830 -- 0915	Emergencies in Palliative Care
0915 -- 1000	Advance Care Planning
1000 -- 1030	Brief for Communication Unit and Home Visits
1030 -- 1100	<i>Tea Break</i>
1100 -- 1300	<b><u>Workshop II: Systems Approach to Symptom Management - Respiratory, GI, End Stage Organ Failure</u></b>
1300 -- 1400	<i>Lunch</i>
1400 -- 1600	Communication Course Part I / Home Visits
1600 -- 1620	<i>Tea Break</i>
1620 -- 1700	Communication Course Part II / Debriefing for Home Visits
1700 -- 1730	Tour of Dover Park Hospice

### **Friday 19 August 2011**

0830 - 0915	The Needs of Children
0915 - 1000	The Last 48 Hours
1000 - 1015	Briefing for Communication Unit and Home Visits
1015 - 1045	<i>Tea Break</i>
1045 - 1215	<b><u>Workshop III: Caring for Debilitated Patients</u></b>
1215 - 1315	<i>Lunch</i>
1315 - 1515	Communication Course Part I / Home Visits
1515 - 1545	<i>Tea Break</i>
1545 - 1630	Communication Course Part II / Debriefing for Home Visits
1630 - 1700	Tour of Dover Park Hospice

### **Teaching Faculty Includes:**

<b>Akhileswaran R</b>	CEO and Medical Director, HCA Hospice Care
<b>Alethea Yee</b>	Senior Consultant and Deputy Head, Dept of Palliative Medicine, National Cancer Centre Singapore
<b>Allyn Hum</b>	Consultant, Dept of Palliative Care Services, Tan Tock Seng Hospital
<b>Angel Lee</b>	Medical Director, Dover Park Hospice and Senior Consultant, Dept of Palliative Care Services, Tan Tock Seng Hospital
<b>Angeline Seah</b>	Consultant, Dept of Medicine, National University Health System
<b>Chan Mei Yoke</b>	Senior Consultant, Haematology and Oncology Department, Paediatrics, KK Hospital
<b>Chong Poh Heng</b>	Associate Consultant, HCA Hospice Care
<b>Cynthia Goh</b>	Senior Consultant & Head of Dept, Dept of Palliative Medicine, NCCS
<b>Deborah Watkinson</b>	Consultant, Dept of Palliative Medicine, National Cancer Centre Singapore
<b>Shirlynn Ho</b>	Registrar, Dept of Palliative Medicine, National Cancer Centre Singapore
<b>Huang Der Tuen</b>	Assistant Manager, Care Integration Division, Agency for Integrated Care
<b>James Low</b>	Senior Consultant and Head of Dept, Dept of Geriatric Medicine, KTPH
<b>Koh Nien Yue</b>	Senior Consultant, Dept of General Medicine, Tan Tock Seng Hospital
<b>Kok Jaan Yang</b>	Consultant, Palliative Care Services, Parkway Cancer Centre
<b>Koo Wen Hsin</b>	Deputy Director, National Cancer Centre Singapore & Senior Consultant, Dept of Medical Oncology, NCCS
<b>Lalit Krishna</b>	Senior Consultant, Dept of Palliative Medicine, National Cancer Centre Singapore
<b>Mervyn Koh</b>	Consultant, Dept of Palliative Care Services, Tan Tock Seng Hospital
<b>Norhisham Bin Main</b>	Associate Consultant, Dept of Geriatric Medicine, KTPH
<b>Ong Wah Ying</b>	Associate Consultant, Dover Park Hospice
<b>Ong Yew Jin</b>	Associate Consultant, Assisi Hospice
<b>Pang Weng Sun</b>	Chairman, Medical Board & Senior Consultant, Dept of Geriatric Medicine, KTPH
<b>Patricia Neo</b>	Associate Consultant, Dept of Palliative Medicine, National Cancer Centre Singapore
<b>Raymond Ng</b>	Registrar, Dept of Palliative Care Services, Tan Tock Seng Hospital
<b>Tan Yew Seng</b>	Medical Director, Assisi Hospice
<b>Tham Wai Yong</b>	Associate Consultant, Dept of Psychological Medicine, Tan Tock Seng Hospital
<b>Wu Hwei Yaw</b>	Senior Consultant & Head of Dept, Dept of Palliative Care Services, Tan Tock Seng Hospital
<b>Yang Sze Yee</b>	Registrar, Dept of Palliative Care Services, Tan Tock Seng Hospital
<b>Yong Woon Chai</b>	Associate Consultant, Dept of Geriatric Medicine, KTPH